



Single Living

2014-15

Course Description:

The focus of SINGLE LIVING is to pinpoint the needs of young men and women as they prepare for adult responsibilities and lifestyles after high school. Effective independent living and survival skills, along with consumerism are taught. This comprehensive course teaches all aspects of practical living from finding and furnishing a place to live, food shopping and clothing basics, to buying a car. SINGLE LIVING will prepare students for an independent lifestyle.

Course Content:

- You and Your Relationships
Individuality, who are you?
What kind of person do you want to become and how do I get there?
Communication Skills
- A Place of Your Own
Finding a place to live
Understanding leases and moving in
Selecting, purchasing and arranging furniture
- Food and You
Healthy eating and balancing a diet
Wise buying
Working safely in the kitchen
Food preparation basics
- Your Clothes
Dress for success/buying clothes
Simple clothing repairs
Laundry Basics
- Managing Your Money
Planning for Savings and Spending
Understanding your paycheck
Using banking services
- Buying Goods and Services
Sharpening your consumer skills
Making satisfying choices in the marketplace

Required Textbooks and/or Other Reading/Research Materials

No textbook

Course Requirements:

Students are expected to complete all projects, tests and assignments. Failure to do so will affect the student's overall grade. All students are required to participate in various roles of the foods lab.

Grade Components/Assessments:

Grades will be based on the following weights:

Cumulative Assessments	30%
Projects/Labs/Coursework	60%
Participation	10%

Each marking period is worth 40% of a student's overall grade. The final exam is worth 20% of a student's overall grade.

Quarter 1	40%
Quarter 2	40%
Final Exam	20%

Required Summer Reading/Assignments:

No summer reading.
